

March 2010



Dear God,

During this Lenten season, I pray in a special way, for all people who need the healing and compassion of Your Son, Jesus. Help me to be His hands, His eyes and ears, and His heart to them. Inspire me always to do for others what I would want them to do for me. Guide me to learn about the needs of our world. May Jesus' Spirit shine through me in my service to the poor and needy.

Amen

Compassion is following the example of Jesus the healer, who acted with deep care and concern for people who were hurt and troubled.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>"The Lord is loving and merciful, slow to become angry, and full of constant love. He is good to everyone and has compassion on all He has made."</i> Psalm 145:8-9</p> <p>Second Sunday of Lent</p>	<p>1 I pray for people who need the healing and compassion of Jesus.</p>	<p>2</p>	<p>3 Discuss and role-play positive, supportive body language which tells another person you are compassionate, and understand them.</p>	<p>4</p>	<p>5</p>	<p>6 As a family, watch and discuss the movie <u>Pay it Forward</u>.</p>
<p>7 <i>"Clothe yourself in sincere compassion..."</i> Colossians 3.12-15</p> <p>Third Sunday of Lent</p>	<p>8 In the spirit of Jesus, I help people in my family, school, and community who are in need.</p>	<p>9 Begin a "Random Acts of Kindness" or a "Pay it Forward" club.</p>	<p>10</p>	<p>11 "Change Chairs" Activity: Read a story in which there is a conflict. Retell the story showing you understand all perspectives. Change chairs as you change perspectives.</p>	<p>12</p>	<p>13 Do something helpful for an elderly or disabled person in your neighbourhood.</p>
<p>14 <i>"You must all have the same attitude and the same feelings; love one another, and be kind and humble with one another. Do not pay back evil with evil or cursing with cursing; instead, pay back with a blessing because a blessing is what God gives you."</i> 1 Peter 3.8,9</p> <p>Fourth Sunday of Lent</p>	<p>15 I do for others what I would want them to do for me.</p>	<p>16</p>	<p><i>March Break</i></p>		<p>19 Solemnity of St. Joseph, Husband of Mary</p>	<p>20 Spend some time with your family pet this weekend; groom, exercise and play with your pet.</p>
<p>21 <i>Jesus Feeds the Five Thousand</i> Matthew 14.13-21</p> <p>Fifth Sunday of Lent</p>	<p>22 I serve the poor and needy through works of charity, and by being a voice for social justice.</p>	<p>23</p>	<p>24 St. Patrick's Day</p>	<p>25 Have a school or class penny race.</p> <p>Annunciation of the Lord</p>	<p>26</p>	<p>27 Revisit your family cause from November. Evaluate how successful you have been in reaching any of your goals.</p>
<p>28 Passion Sunday</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>SAINT OF THE MONTH St. Patrick: March 17th St. Patrick, who was captured and taken to Ireland as a slave when he was a boy, later escaped and became a priest, then a bishop. Filled with compassion for the people of Ireland because they did not know God, Patrick went back to those who had once been his captors, to bring them the faith. Although he suffered much at their hands, Patrick continued to love, and reach out to them, asking God to forgive them for their harmful words and actions. <i>St. Patrick, pray for us, that we may reach out with loving compassion to all who need us, even when it is very difficult. Amen.</i></p>		